

Sunday

Monday

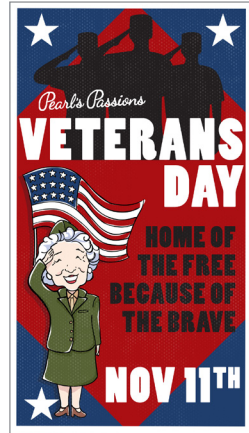
Tuesday

Wednesday

Thursday

Friday

Saturday



Van Schedule

November 3-9
November 17-23
December 1-7
December 15-21
December 29 - January 4

Birthdays

James (Dick) K - 12th
Elmer W - 21st

Hairdresser is here on
Wednesdays

Worship Services

Wednesday 13th @ 10am
Wednesday 27th @ 10am
Alt. Sundays @ 2:30p

Day Light Savings Times
Ends On Sunday Nov. 3rd-
set clocks back 1 hour.

9a Exercise Program
10a What's in the Box Game
11a Remove Decorations
1:30p Manicures
2:30p Bingo

1

9a Exercise Program
11a Coffee and Chat
1:30p Card Game
2:30p Bible Fellowship (GR)
4pm Lawrence Welk
(youtube)

Daylight savings time

2

9a Exercise Program
11a Read the Paper
1:30p Board Game
2:30p Church Service
3:30p Hee Haw (youtube)
* Check Your Clocks

3

9a Exercise Program
10a Balloon Toss
11a Music and Coloring Art
1:30p Tom Hofer
3p Opposites Word Game

4

9a Exercise Program
10a Hy-vee Store Trip
11a Word Search
2p Bingo
3:30p President Trivia Fun

5

9a Exercise Program
10a Tie Dye Socks
11a Catholic Mass
2p Big Word/ Little Words
3:30p Basket Pong Game

6

9a Exercise Program
10a Skip Bo
11a Make Mystery Sensory
Balloons
2p Word Search
3:30p Reader's Digest Stories
(All staff mtg 2p)

7

9a Exercise Program
10a Childcare
Visit (Halloween
rescheduled)
11a Manicures
2p Bingo
3:30p Happy Hour

8

9a Exercise Program
11a Coffee and Chat
1:30p Card Game
2:30p Bible Fellowship (GR)
4pm Lawrence Welk
(youtube)

9

9a Exercise Program
11a Read the Paper
1:30p Board Game
2:30p Online Church Service
<https://wdm.lutheranchurchofhope.org/>
3:30p Hee Haw (youtube)

10

VETERANS DAY
8a Veterans' Breakfast
9a Exercise Program
10a Pledge of Allegiance 11:30a
Veterans Certificate Presentation
2p Patriatic Sundaes

11

9a Exercise Program
10a Fun w/ Betsy from West
Des Moines Library
11a Current Events
2p Bingo

12

9a Exercise Program
10a Church Service w/
Paster Bob
11a Hot Seat Game
1:30p Family Feud
3:30p Pain

13

9a Exercise Program
10a Mexican Train Dominoes
11a Tell Jokes
2p Bickford Bakers Club
Make Doggie Treats
3:30p Hidden Object

14

9a Exercise Program
10a Paint along with Skye
(youtube)
11a Manicures
2p Bingo
3:30p Movie & Popcorn

15

9a Exercise Program
11a Coffee and Chat
1:30p Card Game
2:30p Bible Fellowship (GR)
4pm Lawrence Welk
(youtube)

16

9a Exercise Program
11a Read the Paper
1:30p Board Game
2:30p Church Service
3:30p Hee Haw (youtube)

17

9a Exercise Program
10a Bean Bag Toss
11a Music and Coloring Art
2p Wheel of Fortune
3:30p Micky Mouse's B-day
crossword puzzle

18

9a Exercise Program
10a Visit West Des Moines
Library
2p Bingo
3:30p Create Book Mark

19

9a Exercise Program
10a Positive Quotes
11a Gratitude Jar
1:30p Chinese Checkers
3:30p Listen to Music

20

9a Exercise Program
10a Guess the Song
11a Tongue Twisters
2p Homemade Lotion
3:30p Reader's Digest Stories

21

9a Exercise Program
10a Curiosities Quiz
11a Manicures
2p Bingo
3:30p Happy Hour

22

9a Exercise Program
11a Coffee and Chat
1:30p Card Game
2:30p Bible Fellowship (GR)
4pm Lawrence Welk
(youtube)

23

9a Exercise Program
11a Read the Paper
1:30p Board Game
2:30p Online Church Service
<https://wdm.lutheranchurchofhope.org/>
3:30p Hee Haw (youtube)

24

9a Exercise Program
10a Shoot Hoops
11a Hangman Game
2p Paint Mandala Stones
3:30p Sing Alongs to Family
Favorites

25

9a Exercise Program
10a Sand Art
11a Minute to Win it : Apple
Stacking
2p Bingo
3:30p Make Snow Flakes

26

9a Exercise Program
10a Church Service w/
Paster Bob
11a Current Events
1:30p Play Game of Life
3:30p Listen to Best of

27

THANKSGIVING
9a Exercise Program
9:30a Macy Day Parade
(CBS)
Thanksgiving Dinner
1:30p Watch Football Game
(Bears vs Lions)

28

9a Exercise Program
10a Make a Gingerbread
Ornament
11a Manicures
2p Thanksgiving Bingo
3:30p Movie & Popcorn

29

9a Exercise Program
11a Coffee and Chat
1:30p Card Game
2:30p Bible Fellowship (GR)
4pm Lawrence Welk
(youtube)

30