

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Holy Name Cathedral  
Mass - Channel 7  
2:00 Games with Colleen  
6:00 Family Funniest Videos

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9:30 Holy Name Cathedral -  
Mass  
Channel 7  
2:00 Games with Colleen  
6:00 The Oscars

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9:30 Holy Name Cathedral  
Mass  
Channel 7  
2:00 Games with Colleen  
6:00 Family Funniest Videos

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**Happy 100th Birthday  
Kathleen**  
9:30 Holy Name Cathedral  
Mass - Channel 7  
2:00 Games with Colleen

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**Happy 84th Birthday MaryJo**  
9:30 Holy Name Cathedral  
Mass Channel 7  
2:00 Games with Colleen  
6:30 Comedy Show

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10:30 Gentle Stretches  
Morning Stretches  
11:00 Cranium Crunches  
1:15 Bean Bag Challenge  
2:30 Ice Cream Social  
3:30 Quarter Bingo

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10:30 Gentle Stretches  
11:00 Superstitions Trivia  
1:15 Inner Artist  
2:30 Ice Cream Social  
3:30 Quarter Bingo

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10:30 Gentle Stretches  
Morning Stretches  
11:00 Conversation Catch  
1:30 Dart Challenge  
2:30 Ice Cream Social  
3:30 Quarter Bingo

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**ST PATRICKS DAY**  
**Happy 106th Birthday  
Christina/Happy 78th  
Birthday Judy**  
10:30 Entertainment with  
Eddie Korosa Jr.  
1:15 Bean Bag Toss  
2:30 Shamrock Shakes

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10:30 Thera Band Exercises  
11:00 Cranium Crunches  
1:15 Bean Bag Challenge  
2:30 Ice Cream Social  
3:30 Quarter Bingo  
6:30 Wheel of Fortune

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**MARDIGRAS**  
10:00 St. Stephens / Ashes  
10:30 Thera Band Exercises  
11:00 Jeopardy  
2:30 Entertainment with  
Dona & Tony  
3:30 Social  
-FatTuesday/Paczki

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10:30 Thera Band Exercises  
11:00 Finish the Lyrics  
1:15 Golf Challenge  
2:30 Inner Artist  
3:30 Volleyball

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**Happy 96th Birthday  
Florence**  
10:00 Thera Band Exercises  
10:30 Finish the Phrase  
11:00 Basketball Shots  
1:30 Rummikub  
2:30 Ladders Challenge  
4:00 Kings in the Corner

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10:30 Entertainment with  
Guitarist Dan Lopez  
1:15 Ladders Challenge  
2:30 Arts & Crafts  
3:30 Rummikub/Games

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Activities are subject to  
change. Please follow the  
activity sheets placed in your  
mailboxes the night before.

10:30 Chair Yoga  
11:00 Would You Rather  
1:15 Ladders Challenge  
2:15 Rummikub  
2:30 Ice Cream Social  
3:30 Quarter Bingo

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10:30 Quarter Bingo  
11:00 You Be the Judge  
1:15 Ladders Challenge  
2:30 Ice Cream Social  
3:00 Movie & Popcorn  
3:00 Mens Poker Club

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10:00 Chair Yoga  
10:30 Game Show Trivia  
11:00 Twister Bean Bag Toss  
1:15 Bickford Bakers  
2:00 Ice Cream Social  
3:00 Quarter Bingo

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10:30 Seated Volleyball  
Game  
1:30 Resident Council  
2:00 News & Views  
2:30 Ice Cream Social  
3:30 Quarter Bingo

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The Activity Room is open to  
all residents. There are  
games, puzzles, painting,  
cards, etc, to keep you  
entertained throughout the  
week.

10:30 Move & Groove  
Workout  
11:00 Putting Golf  
1:15 Bean Bag Toss  
2:30 Yahtzee Dice Game  
3:00 Bible Study with  
Chaplain Kathleen  
4:00 Board Games

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10:30 Stretching Exercises  
11:00 Fun with Fox  
Presentation-Diabetes  
1:15 Bean Bag Challenge  
2:30 Blackjack  
Bible Study with Chaplain  
Kathleen  
4:00

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10:00 Balloon Volleyball  
1:15 Dart Challenge  
2:30 Blackjack  
3:00 Bible Study with  
Chaplain Kathleen  
4:00 Kings in the Corner

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**OPENING DAY**  
10:30 Batters Up  
11:00 Concession  
Stand/Trivia  
1:15 Classic Board Games  
2:30 Baseball Pass the Prize  
Game  
6:30 Baseball Games

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BuzzCuts & Bee Hives Hair  
Salon is open every  
Wednesday from 8:30 am to  
4:00 pm.

10:15 Heart & Soul Fitness  
10:45 Karaoke  
1:15 Quarter Bingo  
2:30 Dart Challenge  
4:00 Cards - Uno

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10:15 Heart & Soul Fitness  
10:45 Dear Abby  
1:15 Quarter Bingo  
2:30 Bickford Bakers  
3:30 Rosary & Reflection  
with Tom

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10:15 Heart & Soul Fitness  
10:45 Karaoke  
1:15 Quarter Bingo  
3:00 Worship Service Trinity  
Lutheran Church  
3:30 Men's Club with Bob -  
Taco Social

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10:15 Heart & Soul Fitness  
10:45 Sing Along  
1:15 Quarter Bingo  
2:45 No Air- Air Hockey  
3:30 Rosary & Reflection  
with Tom  
4:00 News & Views

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10:30 Silver Sneakers  
11:00 Word Searches  
2:00 Chocolate/Candy Bingo  
with Colleen  
6:30 Netflix Movie

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10:30 Silver Sneakers  
11:00 Word Puzzles  
2:00 Snack Bingo with  
Colleen  
6:30 Netflix Movie

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10:30 Silver Sneakers  
11:00 Puzzles  
2:00 Candy Bingo with  
Colleen  
6:30 Netflix Movie

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10:30 Silver Sneakers  
11:00 Word Puzzles  
2:00 Snack Bingo with  
Colleen  
6:30 Netflix Movie

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10:30 Silver Sneakers  
11:00 Word Searches  
2:00 Healthy Snacks Bingo  
with Colleen  
6:30 Netflix Movie

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