

# December

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Holy Name Cathedral Church Ch 7  
2:00 Games with Colleen  
3:15 Discovery Channel  
6:30 Movie & Popcorn

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9:30 Deck the Halls  
10:30 Sit & Stretch  
11:00 Brain Quest  
1:15 Dart Challenge  
2:15 Ice Cream Social  
3:30 Quarter Bingo

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10:15 Chair Yoga  
11:00 Trivial Pursuit  
1:15 Ladders Challenge  
2:15 Painting Class  
3:15 Card Sharks  
6:00 Merry Christmas Bingo

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10:15 Resistance Band Exercises  
11:00 Game Show Trivia  
1:15 Bean Bag Challenge  
2:00 Ice Cream Social  
3:00 Quarter Bingo

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10:15 Heart & Soul Exercises  
11:00 Brain Quest  
1:15 Blackjack  
2:00 Snowman Craft  
3:00 Bible Study with Chaplain Kathleen

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10:15 Weight Training  
11:00 Family Feud  
1:15 Bean Bag Challenge  
2:00 Pie Social  
3:00 Quarter Bingo  
6:30 Movie Night

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10:30 Crossword Puzzles  
2:00 Bingo with Colleen  
3:30 Silver Sneakers  
6:30 Evening Movie

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9:30 Holy Name Cathedral Church Ch 7  
3:25 Chicago Bears Vs 49ers  
6:30 Hallmark Movie

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10:15 Sit & Stretch  
11:00 Brain Quest  
1:15 Bean Bag Challenge  
2:15 Ice Cream Social  
3:15 Quarter Bingo

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10:15 Sit & Stretch  
11:00 Brain Teasers  
1:15 Dart Challenge  
2:15 Baking Club  
3:30 Card Sharks

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10:15 Resistance Band Exercises  
11:00 Finish the Proverbs  
1:15 Sugar Cookie Decorating  
2:00 Ice Cream Social  
3:00 Quarter Bingo  
6:30 Stone Church Girls Choir

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10:15 Sit & Stretch  
1:00 Grinch Holiday Photos/ Sponsored by Angles Grace & Palliative Care  
1:15 Games with Jada  
2:15 Painting Class  
3:00 Bible Study with Chaplain Kathleen

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Happy 88th Birthday Wally  
10:15 Heart & Soul Fitness  
11:00 Sing Along  
4:00 Resident/Family Christmas  
Party Entertainment by Daniel Mugavero & Santa Clause Visit

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10:30 Table Puzzles  
2:00 Bingo with Colleen  
3:30 Silver Sneakers  
6:30 Evening Movie

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9:30 Holy Name Cathedral Church Ch 7  
2:00 Games with Colleen  
3:15 Arm Chair Travels  
6:30 Movie & Popcorn

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10:15 Sit & Stretch  
11:00 Holiday Trivia  
1:15 Holiday Spa with Sandra  
2:15 Ice Cream Social  
3:15 Quarter Bingo

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Holiday Sweater Day  
10:15 Chair Yoga  
11:00 Say it with Music  
1:15 Ladders Challenge  
2:00 Hot Cocoa & Cookies Social  
3:00 Holiday Movie

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10:15 Resistance Band Exercises  
11:00 Christmas Trivia  
1:15 Bean Bag Challenge  
2:00 Ice Cream Social  
3:15 Quarter Bingo

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10:15 Heart & Soul Exercise  
11:00 Riddles  
1:15 Dart Challenge  
2:15 Crafts/Christmas Globes  
3:00 Bible Study with Chaplain Kathleen

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10:15 Sit & Stretch  
11:00 Caroling  
1:15-2:30 Quarter Bingo  
3:00 Worship Trinity Lutheran Church Service  
3:30 Kings in the Corner

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10:30 Silver Sneakers  
11:00 Kings in the Corner  
2:00 Bingo with Colleen

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9:30 Holy Name Cathedral Church Ch 7  
2:00 Games with Colleen  
3:15 Discovery Channel  
6:30 Movie & Popcorn

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10:30 Bible Study with Chaplain Kathleen  
1:15 Card Sharks  
2:00 Entertainment with Carmelo Zaccone  
3:15 Ice Cream Social

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10:15 Heart & Soul Fitness  
11:00 Caroling  
1:15 Dart Challenge  
2:15 Mingle & Jingle Social  
3:15 Painting Class

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**CHRISTMAS**

10:00 Pastries & Refreshments  
10:30 Family Holiday Reflections  
2:00 Prize Bingo  
6:30 Polar Express Movie

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10:15 Sit & Stretch  
11:00 You Be the Judge  
1:15 Name that Tune  
2:15 Resident Choice  
3:00 Board Games  
7:15 Chicago Bears Vs Seattle Seahawks

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10:15 Heart & Soul Fitness  
11:00 Sing Along  
1:15 Dart Challenge  
2:00 Quarter Bingo  
3:30 Rosary & Reflections with Tom

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10:30 Silver Sneakers  
11:00 Word Searches  
2:00 Bingo with Colleen  
3:30 Yahtzee

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9:30 Holy Name Cathedral Church Ch 7  
2:00 Games with Colleen  
3:15 Hallmark Movie  
6:30 Movie & Popcorn

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10:15 Sit & Stretch  
11:00 Resident Council  
1:15 Holiday Spa with Sandra  
2:15 Ice Cream Social  
3:15 Quarter Bingo

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10:15 Chair Yoga  
11:00 Reflections  
12:00 Champagne Toast  
1:15 Minute to Win It Challenges  
2:00 Luck of the Draw  
6:30 New Year Eve Count Down

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Activities are subject to change. Please check your mail boxes for any updated activities.

Families are invited to decorate their loved one apartment doors to make our home look more festive for the holidays.

Pinterest has great ideas for decorated apartment doors.