

# January

Sunday

Monday

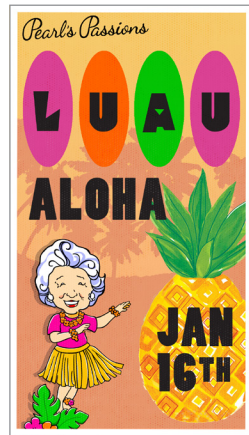
Tuesday

Wednesday

Thursday

Friday

Saturday



Resident Birthday's:  
Jerry Lamsa 2nd  
Barbara Holland 6th  
Dennis Scott 13th  
Gary Clark 23rd

All Activities Are  
Subject To Changes!!!

**NEW YEAR'S DAY**  
9:30a Leg Stretches  
10a Ready, Set, Organize  
1:45p Bingo  
3p New Years Day  
6p News and Wheel of Fortune 1

9:30a Walk and Talk  
10a Bible Study  
2p Bickford Bakers  
3p Snow Activity  
6p Game Night 2

8a Festival of Sleep Day -  
Sleep in or take a Nap  
today!  
9:30a Noodle Ball  
10:30a Crafts  
11:30a In Meeting's  
2p Happy Hour  
6p Movie Night 3

9:30a Ball Toss  
10a Coffee Social  
10:30a Current Events  
3p National Trivia Day  
6p Lawrence Welk 4

9:30a Chair Yoga  
10a Church Service  
1:45p Hand Massages  
3p National Bird Day  
6p PBS NewsHour 5

9:30a Arm Stretches  
10a Office Time  
10:30a Coffee Social  
1:45p Bingo  
3p Bean Day  
6p Puzzle Night 6

9a Manicures  
10a Walk and Talk  
11a In Meeting's  
11:30a Outing - Lunch  
Club  
2p Paul Davis  
6p Documentary Night 7

9:30a Leg Stretches  
10a Ready, Set,  
Organize  
1:45p Bingo  
3p Snowman Craft  
6p News and Wheel of  
Fortune 8

9:30a Walk and Talk  
10a Bible Study  
1:45p Lego Sets  
3p Outing  
6p Game Night 9

9:30a Noodle Ball  
10:30a Crafts  
11:30a In Meeting's  
2p Happy Hour  
3p Bittersweet Chocolate  
Day  
6p Movie Night 10

9:30a Ball Toss  
10a Coffee Social  
10:30a Current Events  
3p Learn Your Name in  
Morse Code Day  
6p Lawrence Welk 11

9:30a Chair Yoga  
10a Coffee and Cookies  
1:45p Hand Massages  
3p National Hot Tea  
Day  
6p PBS NewsHour 12

9:30a Arm Stretches  
10a Office Time  
10:30a Coffee Social  
1:45p Bingo  
3p National Rubber Duckie  
Day  
6p Puzzle Night 13

9a Manicures  
10a Walk and Talk  
11a In Meeting's  
1:45p Dress Up Your Pet  
Day  
3p Two Truths and a Lie  
6p Documentary Night 14

9:30a Leg Stretches  
10a Ready, Set,  
Organize  
1:45p Bingo  
3p National Bagel Day  
6p News and Wheel of  
Fortune 15

**LUAU**  
9:30a Walk and Talk  
10a Bible Study  
12p Library Services  
3p Luau Party  
6p Game Night 16

9:30a Noodle Ball  
10:30a Crafts  
11:30a In Meeting's  
2p Happy Hour  
3p Ditch New Years  
Resolutions Day  
6p Movie Night 17

9:30a Ball Toss  
10a Coffee Social  
10:30a Current Events  
2:30p Church Service  
6p Lawrence Welk 18

9:30a Chair Yoga  
10a Church Service  
1:45p Hand Massages  
3p National Popcorn  
Day  
6p PBS NewsHour 19

9:30a Arm Stretches  
10a Office Time  
10:30a Coffee Social  
1:45p Bingo  
3p Martin Luther King  
Jr. Birthday  
6p Puzzle Night 20

9a Manicures  
10a Walk and Talk  
11a In Meeting's  
1:30p Pearl Vision  
3p Indoor Winter Picnic  
6p Documentary Night 21

9:30a Leg Stretches  
10a Ready, Set, Organize  
1:45p Bingo  
3p National Blonde  
Brownie Day  
6p News and Wheel of  
Fortune 22

9:30a Walk and Talk  
10a Bible Study  
2p Bunnie Visit with  
Eva  
3p National Pie Day  
6p Game Night 23

9:30a Noodle Ball  
10:30a Crafts  
11:30a In Meeting's  
2p Happy Hour  
3p Global Belly Laugh  
Day  
6p Movie Night 24

9:30a Ball Toss  
10a Coffee Social  
10:30a Current Events  
3p Opposite Day  
6p Lawrence Welk 25

9:30a Chair Yoga  
10a Coffee and Cookies  
1:45p Hand Massages  
3p Adult Coloring  
6p PBS NewsHour 26

9:30a Arm Stretches  
10a Office Time  
10a Tom Hofer  
10:30a Coffee Social  
1:45p Bingo  
6p Puzzle Night 27

9a Manicures  
10a Walk and Talk  
11a In Meeting's  
2p Fun at Work Day  
3p Residents Birthday  
Party  
6p Documentary Night 28

9:30a Leg Stretches  
10a Ready, Set, Organize  
1:45p Bingo  
3:15p Residents Council  
Meeting  
6p News and Wheel of  
Fortune 29

9:30a Walk and Talk  
10a Bible Study  
1:45p Story Time  
3p Snowman Building  
6p Game Night 30

9:30a Noodle Ball  
10a National Hot  
Chocolate Day  
10:30a Crafts  
11:30a In Meeting's  
2p Happy Hour  
6p Movie Night 31