

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30AM: Stretching Exercise 11:00AM: BINGO 1:30 PM:Suffolk Library Craft - Luminaria Jars 3:00 PM: Stengthening & Conditioning 3:30 PM: Ice Cream Social</p> <p style="text-align: right;">1</p>	<p>9:30AM: Chair Yoga 11:00AM: BINGO with Jim 1:30 PM: Ted Talks 3: 00 PM: Wii Sports 3:45PM:Trivia Night</p> <p style="text-align: right;">2</p>	<p>9:30AM: Stretching Exercise 10:00 AM: Board Games 11:00 AM - Bible Study with Chaplin Don 1:30 PM: Painter's Club 3:00 PM: Stengthening & Conditioning 3:30 PM:Cookie O'Clock</p> <p style="text-align: right;">3</p>	<p>9:30AM: Chair Yoga 10:00AM-Walkers' Club with Jen Traum 11:00AM:- Book Club 1:30PM: Afternoon Matinee 3:00PM- Jen Oglesby Bingo</p> <p style="text-align: right;">4</p>	<p>9:30AM: Stretching Exercise 10:00AM:Jigsaw Puzzles 11:00AM: Next Level Fitness 1:30 PM: Spa Time 3:00 PM: Happy Hour</p> <p style="text-align: right;">5</p>	<p>9:30AM:Chair Yoga 10:00AM:Walkers' Club (Outdoors) 11:00AM: BINGO 2:30PM: Craft - Fabric Wreaths 4:00PM: Stengthening & Conditioning</p> <p style="text-align: right;">6</p>
<p>9:30AM:Stretching Exercise 11:00 AM: <u>Catholic Service with Joe.</u> 2:00PM: <u>Worship/Bible Study with Steve Lawrence</u> 3:00PM: Afternoon Matinee</p> <p style="text-align: right;">7</p>	<p>9:30AM: Suffolk Master Gardeners -Pollinators. 11:00AM: BINGO 1:30PM: Linda & Lyle Downing - Singing 3:00PM: Strengthening & Conditioning 3:30 PM: Ice Cream Social</p> <p style="text-align: right;">8</p>	<p>9:30AM: Chair Yoga 10:15 AM: Bowling 11:00AM: BINGO with Jim 2:00pm: Performance by Lou Anton 3:00PM: Wii Sports 3:30PM: Next Level Fitness</p> <p style="text-align: right;">9</p>	<p>9:30AM:Stretching Exercise 10:00AM: Board Games 11:00 AM - Bible Study with Chaplin Don 1:30PM -Ted Talks 3:00PM: Strength and Conditioning 3:30PM: Cookie O'Clock</p> <p style="text-align: right;">10</p>	<p>9:30AM: Chair Yoga 10:00AM-Walkers' Club with Jen Traum 11:00AM-Jen Oglesby BINGO 1:30PM - Baking with Bickford - Peanut Butter Blossoms 3:00PM- Book Club</p> <p style="text-align: right;">11</p>	<p>9:30AM:Stretching Exercise 10:00AM: Fun with Fox 2:00PM: Craft 2:30: Stengthening & Conditioning 3:00 PM: Happy Hour</p> <p style="text-align: right;">12</p>
<p>10:00AM: Stretching Exercise 11:00 AM: <u>Catholic Service with Joe.</u> 2:00PM: <u>Worship/Bible Study with Steve Lawrence.</u> 3:00PM: Afternoon Matinee</p> <p style="text-align: right;">14</p>	<p>9:30AM: Stretching Exercise 11:00AM:BINGO 1:30 PM: Sip & Paint - Tropical Beach 3:00 PM: Stengthening & Conditioning 3:30PM: Ice Cream Social</p> <p style="text-align: right;">15</p>	<p>9:30AM: Chair Yoga 11:00AM: Bowling 1:30PM: Ted Talks in Living Room 3:00PM: Wii Sports 3:30PM: Next Level Fitness</p> <p style="text-align: right;">16</p>	<p>CRUISE THE SEAS 9:30AM: Stretching Exercise 11:00 AM: Bible Study with Chaplin Don 1:30PM: Craft - Captain Hats 3:00PM: Port Excursions 5:00 PM: Sail the Seas Dinner 5:30: Movie - Titanic</p> <p style="text-align: right;">17</p>	<p>9:30AM: Chair Yoga 10:00AM: Walkers' Club with Jen Traum 11:00AM: Book Club 1:30PM:Robert Enriquez 3:00 PM: BINGO</p> <p style="text-align: right;">18</p>	<p>9:30AM: Stretching Exercise 10:30AM: Spa Time 11:00AM: Card and Board Games 2:00PM: Strengthening & Conditioning 3:00 PM: Happy Hour</p> <p style="text-align: right;">19</p>
<p>9:30 AM: Stretching Exercise 11:00 AM: <u>Catholic Service with Joe.</u> 2:00PM: <u>Worship/Bible Study with Steve Lawrence</u> 3:00PM: Afternoon Matinee</p> <p style="text-align: right;">21</p>	<p>9:30 AM:Stretching Exercise 11:00 AM: Jack the Musician 2:00 PM: Hugs & Hand Shakes - Singers 3:00 PM: Strengthening 6:00 PM: Dunn's Performance</p> <p style="text-align: right;">22</p>	<p>9:30AM:Chair Yoga 11:00AM: Ted Talks 1:30PM: Painter's Club - Lemons 3:00 PM: Wii Sports 3:30 PM: Ice Cream Social</p> <p style="text-align: right;">23</p>	<p>9:30AM: Stretching Exercise 10:30AM: Next Level Fitness 11:00AM: Bible study with Chaplin Don 1:30PM: Eddie Sal the Musician 3:00 PM: Liz Oglesby Penny Wars/ Cookie O'Clock</p> <p style="text-align: right;">24</p>	<p>9:30AM: Chair Yoga 10:00AM:Walkers' Club with Jen Traum 11:00AM: Resident Council 1:00PM: Book Club 2:00 PM:Baking with Bickford 3:00 PM: April's Birthday Bash</p> <p style="text-align: right;">25</p>	<p>9:30AM: Stretching Exercise 11:00AM: Card and Board Games 1:30 PM: Jeparady 2:30 PM: Strengthening & Conditioning 3:00 PM: Happy Hour</p> <p style="text-align: right;">26</p>
<p>9:30 AM: Stretching Exercise 11:00 AM: <u>Catholic Service with Joe.</u> 2:00PM: <u>Worship/Bible Study with Steve Lawrence</u> 3:00PM: Afternoon Matinee</p> <p style="text-align: right;">28</p>	<p>9:30AM: Stretching Exercise 10:00AM: Walkers' Club 11:00AM:BINGO 1:30 PM:Gardener's Club 3:00 PM: Stengthening & Conditioning 3:30PM: Ice Cream Social</p> <p style="text-align: right;">29</p>	<p>9:30AM: Chair Yoga 11:00AM:BINGO with Jim 1:30 PM:Sip & Paint - Flowers 3:00 PM: Wil Sports 4:00PM: Ted Talks</p> <p style="text-align: right;">30</p>			<p>9:30AM: Chair Yoga 10:00AM: Walkers' Club (Outdoors) 11:00AM: Let's play Gummi Bear BINGO! 2:30PM:Craft - Suncatchers 4:00 PM: Stengthening & Conditioning</p> <p style="text-align: right;">27</p>