

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Van Schedule
June 30 - July 6
July 14 - 20
July 28 - Aug 3

Outdoor trips will be scheduled according to the weather.

9a Sit 2B Fit
11a Read Des Moines Register
12p Daily Trivia
1:30p Crossword Puzzle
2:30p Church Service

7

9a Sit 2B Fit
11a Read Des Moines Register
12p Daily Trivia
1:30p Crossword Puzzle
2:30p Church Service

14

9a Sit 2B Fit
11a Read Des Moines Register
12p Daily Trivia
1:30p Crossword Puzzle
2:30p Church Service

21

9a Sit 2B Fit
11a Read Des Moines Register
12p Daily Trivia
1:30p Crossword Puzzle
2:30p Church Service

28

9am Exercise
10:30a Wheel of Fortune
12p Trivia
1pm Tom Hofer Music Entertainer
3p Movie Monday - The Call of the Wild

1

9am Exercise
10:30a Skip Bo Card Game
12p Trivia
1:30p Freeze Pop Treat
2:30p Movie Monday - Last Vegas starring Morgan Freeman and Robert De Niro

8

9am Exercise
10a Read a book
12p Trivia
1:30p Papajohn Sculpture Park Trip
3:30p One on One Activity

15

9am Exercise
10:30a Yatzee
12p Trivia
1:30p Beachball Soccer
2:30p Movie Monday-Heaven is for Real- based on the incredible true story

22

9am Exercise
10:30a Scattogories
12p Trivia
1:30p Trip to Grey's Lake
3:30p One on One Activity

29

9am Exercise
10:30a Balloon Volleyball
12p Trivia
1:30p 4th of July Craft
2:30 Bingo

2

9am Exercise
10:30 Bocce Ball
12p Trivia
1:30p Hangman
2:30p Bingo

9

9am Exercise
10:30a Make Coffee Can Ice Cream
2p Trivia
1:30p UNO Card Game
2:30p Bingo

16

9am Exercise
10am Fun with Betsy from West Des Moines Library
12p Trivia
1:30p Kings Corner Card Game
2:3p Bingo

23

9am Exercise
10:30a Smile Toss
12p Trivia
1:30p Craft Hour
2:30 Bingo

30

9am Exercise
11a Catholic Mass
12p Trivia
1:30p Independent Word Games (Candy has a meeting)
5:30p West Des Moines 4th of July Parade

3

9am Exercise
10:30a Kitten Day
12p Trivia
1:30p Independent Word Games (Candy has a meeting)
3:30p Board Game

10

9am Exercise
10:30a Cribbage
12p Trivia
1:30p Independent Word Games (Candy has a meeting)
2pm David Watson Guitar/ singer

17

9am Exercise
10:30a Jeopardy
12p Trivia
1:30p Independent Word Games (Candy has a meeting)
3:30p Card Game

24

9am Exercise
10:30a Make a Hot Air Balloon Craft
12p Trivia
1:30p Independent Word Games (Candy has a meeting)
5:30p Hot Air Balloon Classics in Indianola

31

4TH OF JULY

9am Exercise
10:30a Bean Bag Baseball
12p 4th of July Trivia
12p Cook out
1:30p Ladder Ball
2:30p 4th of July Word Search

4

9am Exercise
10:30a Marble Game
12p Trivia
1:30p Craft Hour
2:30p Bingo

11

9am Exercise
10:30a Phase 10 Card Game
12p Trivia
1:30p Bus Trip to Store
3:30p One on One Activity

18

9am Exercise
10:30a Mexican Train Dominoes
12p Trivia
1:30p Independent Word Search Puzzle
3:30p One on One Activity

25

9am Exercise
10:30a Manicures
12p Trivia
1:30p Make Smores
2:30p Bingo

5

9am Exercise
10a Church Service
12p Trivia
2pm Author Mary Briggs talks about the book she wrote based on her Grandmother's diary in 1800's
3:30p Bocce Ball

12

9am Exercise
10:30a Manicures
12p Trivia
1:30p Craft Hour
2:30p Bingo

19

9am Exercise
10a Church Service
12p Trivia
1:30p Manicures
2:30p Bingo

26

9a Exercise
11a Coffee and Chat
12p Daily Trivia
1:30p Card Game
2:30p Bible Fellowship

6

9a Exercise
11a Coffee and Chat
12p Daily Trivia
1:30p Card Game
2:30p Bible Fellowship

13

9a Exercise
11a Coffee and Chat
12p Daily Trivia
2p Classic Car Show
2:30p Bible Fellowship

20

9a Exercise
11a Coffee and Chat
12p Daily Trivia
1:30p Card Game
2:30p Bible Fellowship

27